



PATIENT INFORMATION LEAFLET: Compositae mix II

Your patch test shows that you have a contact allergy to: Compositae mix II

Synonym(s):

Definition: Compositae mix II is a mixture of sensitizers from plants belonging to the Asteraceae or Compositae family – one of the largest family of flowering plants on Earth. The mix consists of:

- Anthemis nobilis (Roman chamomile) extract
- Chamomilla recutita (German chamomile) extract
- Achillea millefolium (yarrow) extract
- Tanacetum vulgare (tansy) extract
- Arnica montana (mountain arnica) extract
- Parthenolide (a sesquiterpene lactone found in feverfew – Chrysanthemum parthenium)

Use and occurrence:

The above-mentioned plants are abundant in the wild as well as in gardens, making direct skin contact with these sensitizing plants likely. Crude plants and their derivatives are also used for medicinal purposes (teas, infusions, extracts), or as ingredients of plant-based cosmetics.

Remarks:

Cross-reactivities with other plants may occur. Patients, who reacted to Compositae Mix II can be tested to the individual ingredients of the mix in order to single out the responsible sensitizer(s); otherwise avoidance of all included plants and caution against other members of the large Asteraceae family should be exercised.

Disclaimer: Always check your products as these lists can never be complete and ingredients change.